

Herb dressing with Silken Tofu

Ingredients:

400 g Silken Tofu
50 ml sunflower oil
1 heaped tsp salt
2 cloves of garlic
1 small sprig parsley
1 small sprig chives
1 small sprig basil
1 small sprig dill
3 medium gherkins

Preparation:

Puree the Silken Tofu with oil, salt and garlic. Add chopped herbs and gherkins and let cool. Ideal with boiled potatoes.



Tofu recipes from



www.taifun-tofu.com